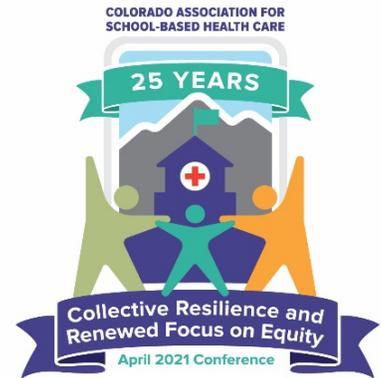




2021 CONFERENCE - Agenda

[Conference information](#)

[Registration and speaker bios](#)



TUESDAY, APRIL 27

8:15am – 9:30am	Welcome by Aubrey Hill, CASBHC Keynote Address by Dr. Apryl Alexander
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Dr. Alexander will give the keynote presentation touching on the main conference topics of resiliency for youth and adults as well as how to work toward health equity. She will build on themes from her research as well as her advocacy work as part of Black Lives Matter 5280. This keynote will set the tone of the conference and give more context to the overall theme of Collective Resilience and Renewed Focus on Equity.

9:30am – 9:45am	BREAK
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9:45am – 10:45am	Morning Concurrent Sessions – Part One
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TRACK ONE: Taking the Stigma out of Sexual Health – Responsible Sex Education Institute

Sexual health conversations are stigmatized in our communities and culture, and it impacts how youth access services. Decades of research shows that stigma is a real barrier to seeking health care, and young people specifically may not be honest with health care providers about their sexual behaviors, or they may be afraid to seek services like STI testing. By working in or with school-based health centers, you have the power to destigmatize sex and sexual health conversations to support better health outcomes for your students by legitimizing their different experiences so they can build the confidence to live their fullest life. This workshop will look at stigma and fears that can show up in our interactions with youth when discussing sexual health and provide some best practices around destigmatizing sexual health conversations, services, and education.

- **Lizzie Small**, Planned Parenthood Educator
- **Maria Peñas M.Ed**, Program Specialist for the Responsible Sex Education Institute

TRACK TWO: Changing Public Policy for SBHCs & Youth: Legislative Updates – CASBHC

Participants will learn about the work CASBHC did at the state Capitol this year to advance beneficial public policies for SBHCs and youth as well as federally in partnership with other state associations and School-Based Health Alliance. The session will include some takeaways for SBHCs to understand about Colorado law changes and how it impacts their clinics as well as some planning for engagement with their legislators in the summer & fall to work toward more momentum in the 2022 legislative session.

- **Aubrey Hill, MPP**, Executive Director, CASBHC

10:45am – 11:00am	BREAK
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11:00am—12:00pm	Morning Concurrent Sessions – Part Two
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TRACK ONE: Planting the Seed: Meeting Young People at the Intersection of Individual & Environmental Influences on Behavioral Health – Peer Assistance Services

Screening, Brief Intervention, and Referral to Treatment (SBIRT) is an evidence-based strategy for preventing, identifying, and addressing substance use in adolescents and adults. SBIRT for adolescents is recommended by the American Association of Pediatrics and is emerging as an effective strategy for addressing substance use with young people. Brief interventions utilize motivational interviewing (MI), a communication style that guides and engages individuals in strength-based conversations about behavior change. MI reinforces individual autonomy, a characteristic that is especially important for young people who are beginning to recognize their ability to be the agents of change in their own lives. Utilizing MI during a brief intervention provides an avenue to explore the social determinants of behavior, motivation, and empowerment in a young person's life. This presentation will provide participants with an opportunity to gain a basic understanding of SBIRT as well as explicit and implicit factors related to youth substance use. Participants will have opportunities to practice motivational interviewing skills and other appropriate engagement strategies while navigating scenarios created to demonstrate the complexities of brief interventions with young people.

- **Adam Musielewicz, MPA**, SBIRT Practice Facilitator, Peer Assistance Services
- **Giana Calabrese, MPH**, SBIRT Program Coordinator, Peer Assistance Services

TRACK TWO: Improving Population Health: A Comprehensive School District-Based Care Delivery Model – Children's Health System of Texas

The presentation from the Children's Health team will provide a detailed and comprehensive approach of how telehealth and population focused programming has expanded the Network of Care delivery to increase access to care in the Dallas metroplex. The team will share how the program can be replicated for other health care institutions to implement in their community. The audience will walk away with the following session objectives (1) Applied Resilience in adapting to community health needs during a pandemic; (2) Providing an ongoing and robust approach to managing public health within the school setting; (3) Demonstrating successful outcomes in community-based health services.

- **Karen Kaighan, MSN, MPH**, Director, School Health Programs, Children's Health System of Texas
- **Danielle Beal, MSCP**, Operations Manager, School Health Programs, Children's Health System of Texas
- **Jason Isham, MSCP**, Director, Integrated Behavioral Health, Children's Health System of Texas

12:00pm – 12:15pm	BREAK
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12:15pm—1:45pm	Brown Bag Concurrent Sessions
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TRACK ONE: Resources for SBHCs to Reintegrate Dental Health Services Amid COVID-19 Challenges – University of Colorado School of Dental Medicine

As consultants of the Delta Dental grant received by CASBHC, the University of Colorado School of Dental Medicine was tasked to advance preventive oral health practices among school-based health centers (SBHCs) by supporting them in re-integrating existing dental practices that were suspended during COVID-19 lockdowns and advancing to the next level of preventative dental care. Participating SBHCs were brought together to take part in a needs assessment to understand oral health services that were halted or decreased because of the COVID-19 pandemic. This needs assessment revealed the desire for resources, recorded video and written documents, enhanced preventive services including oral health screenings, fluoride varnish, oral health education, school sealants, tele-dentistry, and more to increase the impact on overall student oral health.

- **Tamanna Tiwari, DDS, MPH** – Assistant Professor, University of Colorado School of Dental Medicine
- **Deidre Callanan, RDH, D.C., MPC** – Assistant Professor, University of Colorado School of Dental Medicine
- **Gilbert Fru** – 2nd year dental student & 1st year MPH student, University of Colorado School of Dental Medicine
- **Jacqueline Merz** – 2nd year dental student & 1st year MPH student, University of Colorado School of Dental Medicine

- **Lexi Dunnells** – 1st year dental student & 1st year MPH student, University of Colorado School of Dental Medicine

TRACK TWO: Quality Improvement: Staff Support & Youth Engagement – Colorado Department of Public Health & the Environment, Colorado Community Health Network, and CASBHC

Quality Improvement (QI) is one of the pillars of sustainability for School-Based Health Centers and has been a requested topic from many sites. During this session, attendees will learn about data collection tools and workflows that will help them understand how to develop and manage QI projects while supporting staff and including youth voice/perspectives in the process.

- **Maureen Daly, MD, MPH** – SBHC & Quality Improvement Consultant, CDPHE and Clinical Consultant for Apex Evaluation
- **Taylor Miranda Thompson, MPH** – Senior Quality Initiatives Manager, Colorado Community Health Network
- **Cristina Bejarano, MPH** – Director of Engagement, Colorado Association for School-Based Health Care

WEDNESDAY, APRIL 28

8:05am—8:55am	Plenary Presentation: SBHC Opportunities – Colorado Health Institute
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What communities in Colorado might benefit most from a new school-based health center? Where are the greatest disparities in access? What opportunities exist for Colorado? Join Colorado Health Institute analysts Julia Char Gilbert and Lindsey Whittington for an interactive session on what the latest data tell us. Come prepared to dive into the data and consider how a new online resource can inform community conversations about equity and school-based health care.

- **Julia Char Gilbert, B.A.** – Research Analyst, Colorado Health Institute
- **Lindsey Whittington, MPH** – Research Analyst, Colorado Health Institute

9:00am—10:00am	Morning Concurrent Sessions – Part One
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TRACK ONE: Secondary Traumatic Stress – Colorado School Safety Resource Center

Educators and health care workers tend to put others’ needs before their own. They are helpers, providers, supporters, and nurturers. However, we sometimes do this at the expense of our own mental health and wellness. With our current climate of change, uncertainty, and fight for equality, our health providers are consistently working with and supporting individuals that have faced or are facing trauma. As this trauma occurs, many of our health care workers are at risk of burnout and secondary traumatic stress. It is critical that we teach staff resiliency skills to serve their students and clients. This course will walk through secondary traumatic stress causes, symptoms, and prevention strategies to support your overall well-being.

- **Kati Garner, M.Ed** – School Safety Regional Training Consultant, Northwest Region, Colorado School Safety Resource Center

TRACK TWO: Colorado SBHCs: Leading the Field in Quality Counts – Apex Evaluation

The School-Based Health Alliance (SBHA) and the Colorado Department of Public Health and Environment (CDPHE) named annual well-child check (WCC) as an indicator of SBHC performance on quality standards. In 2021, upon the horizon of a new five-year grant cycle, CDPHE has the opportunity to refine and revise performance measures. Over the last five years since 2016-2017, Apex Evaluation, the evaluation partner of CDPHE, learned extensively about the WCC performance measure. In this presentation, audience members will turn the evaluative lens back on the data, assess the strength of this measure to indicate quality of care, and identify opportunities to improve for the future. The session will include a 20-minute presentation of data showing the WCC performance measure against various benchmarks, with varying calculations based on different interpretations, and cross-tabulated by several different patient demographic factors. Then, with this knowledge, SBHC providers, managers, staff, partners, and stakeholders

will engage in a lively discussion about the future of the WCC performance measure in Colorado. Colorado school-based health care has long been a leader in data and evaluation across the nation, and this discussion will inform the fields' pursuit of the next frontier!

- **Rissa Lane, MS** – Evaluator, Apex Evaluation
- **Maureen Daly, MD, MPH** – SBHC & Quality Improvement Consultant, CDPHE and Clinical Consultant for Apex Evaluation

10:00am—10:15am	BREAK
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10:15am—11:45am	Morning Concurrent Sessions – Part 2
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TRACK ONE: Behavioral Health in Primary Care Settings -- CASBHC

Primary care visits are often the frontline for all services at a school-based health center. As the utilization of screening and integrated care has increased, so has the expectation for primary care providers to address behavioral health concerns and behavioral health providers to participate in primary care visits. This session will focus on skills to hone and increase responses to behavioral health needs during primary care visits, with special attention to addressing mood dysregulation, such as depression, anxiety, stress, and anger. Session objectives include 1) Understand how to utilize screenings to facilitate conversations and care for mood management 2) Identify at least three brief interventions for use by primary care staff to address mood disturbance 3) Develop workflow ideas from screening to referral to increase wrap around support for patients with mood disturbance 4) Increase use of motivational interviewing and resilience building strategies to engage youth in mood management interventions.

- **Rebecca Gostlin, M.Ed., LPC** – Director of Clinical Initiatives, CASBHC

TRACK TWO: Hot Topics:

This series of Hot Topics were developed to address pressing issues impacting SBHCs – from showing how universal screening data can be utilized to show the pulse of SBHCs and their communities as well as vaping trends among youth. The last session presents a model of comprehensive care that is a win-win for patients and SBHCs. Each “hot topic” covered here will take 30 minutes each.

- **Intersectionality & Integrated Care, Apex Evaluation**

School-based health care is defined, in part, by implementation of an integrated care model. School-based health centers are also ready healthcare partners to intervene on health outcomes related to equity. Most Colorado SBHCs utilize the Just Health comprehensive adolescent risk screening tool. Just Health is an important clinical tool to inform implementation of the integrated care model, collect accurate and inclusive demographic data, and appropriately identify potential needs among the patient population to promote equity. Additionally, Just Health provides a comprehensive dataset to learn about the relationships between social determinants of health and health outcomes. With this data, Apex can ask and answer questions ranging from the relationship between homelessness and sexual health behaviors to race and mental health outcomes. This information provides SBHCs, CASBHC, and CDPHE with a timely pulse on the health of Colorado adolescents, and can also be used to inform targeted health promotion campaigns to meet the needs where they exist. Apex will present on a select set of relationships between social determinants of health and health outcomes in the Just Health data, and will provide examples of community health efforts that might be appropriate.

- **Rissa Lane MS** – Evaluator, Apex Evaluation

- **The Truth About Vaping: The Latest in Utilization Rates and Resources to Empower Young People, Colorado Association for School-Based Health Care**

The 2019 Colorado Healthy Kids Survey data showed that 28% of Colorado youth report current use of any type of tobacco products, including e-cigarettes. New data will soon be released to show how the COVID-19 pandemic has impacted youth tobacco utilization. Join this session to learn the latest in adolescent vaping trends and youth-centered resources to empower young people with the facts about vaping, its impacts on their health and the community, and how to quit or reduce their use.

- **Christy Boland, MPH** – Program Manager, Colorado Association for School-Based Health Care
- **Team-Based Care, JSI**
 Team-based care (TBC) can promote more efficient, effective, and equitable primary care delivery, helping health care organizations address the needs of an expanding patient population while simultaneously dealing with a shortage of primary care physicians. Team-based care can also help practices achieve the quintuple aim of lower costs, better care, healthier patients, happier staff, and reduced health disparities. Implementing TBC takes the development of a detailed strategy that is aligned with the organization's core values, leadership and team buy-in, and the time and resources to be able to implement the changes. The pandemic and the heightened focus on dismantling systemic racism are forcing us to re-envision how we provide care overall and within school based health centers. This session will focus on tactical and innovative approaches to implementing a team-based care model at SBHCs in Colorado.
 - **Alexia Eslan, MBA** – Director, Colorado Office, JSI

11:45am—12:00pm	BREAK
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12:00pm—1:00pm	Brown Bag: CASBHC Celebration & Inspiration Awards
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Come together with CASBHC Board and staff to celebrate the past 25 years as well as our collective resilience in the work done in the last year. We will discuss some major updates with our strategic plan and equity work, and we will also check in with SBHCs and other members on how we can best support their work in the field. We will close with our annual Inspiration Awards of 5 amazing individuals!